



Northern Inland Football – High Performance

Frequently Asked Questions

Questions	Answers																				
What do you get for the program costs?	<p>The cost of the program is determined by a number of factors, these include the following:</p> <table border="1"> <thead> <tr> <th>Item</th> <th>Cost</th> </tr> </thead> <tbody> <tr> <td>NNSWF</td> <td>\$208.00</td> </tr> <tr> <td>Uniforms</td> <td>\$90.00</td> </tr> <tr> <td>Training and Gala Days</td> <td>\$150.00</td> </tr> <tr> <td>Coaching Staff - <i>Accredited</i></td> <td>\$222.00</td> </tr> <tr> <td>NIF Costs</td> <td>\$180.00</td> </tr> <tr> <td> <ul style="list-style-type: none"> • Equipment • Program Administration • Presentation </td> <td></td> </tr> <tr> <td>Total</td> <td>\$850.00</td> </tr> <tr> <td>GST</td> <td>\$85.00</td> </tr> <tr> <td>Grand Total</td> <td>\$935.00</td> </tr> </tbody> </table> <p>The 36-week program $\\$850 \div 36 = \\25.97 per week</p> <p>In comparison, other sports charge up to and above \$25 per lesson.</p> <p>Northern Inland Football is also seeking sponsorship to support the High-Performance Program, to assist with any additional costs and or reduce the existing to parents.</p>	Item	Cost	NNSWF	\$208.00	Uniforms	\$90.00	Training and Gala Days	\$150.00	Coaching Staff - <i>Accredited</i>	\$222.00	NIF Costs	\$180.00	<ul style="list-style-type: none"> • Equipment • Program Administration • Presentation 		Total	\$850.00	GST	\$85.00	Grand Total	\$935.00
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When will the payments be required for the program?	<p>An initial payment of 50% of the registration will be required to confirm your child's place in the program.</p> <table border="1"> <thead> <tr> <th>Invoice</th> <th>Value</th> <th>Issued</th> <th>Payable</th> </tr> </thead> <tbody> <tr> <td>1st Invoice</td> <td>50% of total registration</td> <td>1st October</td> <td>14 days</td> </tr> <tr> <td>Final Invoice</td> <td>Remaining invoice value</td> <td>1st February</td> <td>14 days</td> </tr> </tbody> </table> <p>NIF will coordinate Uniform Fittings early October.</p> <p>Payment plans are available, please contact NIF to discuss this following the trials.</p>	Invoice	Value	Issued	Payable	1 st Invoice	50% of total registration	1 st October	14 days	Final Invoice	Remaining invoice value	1 st February	14 days								
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Why do we have open trials?	To provide an opportunity to any player to trial for the teams.																				
Next year will I need to trial again?	In preparation for 2020, Northern Inland Football recognise that not everyone trials, and moving forward we will be reviewing the way in which we conduct trials for players to participate in the High-Performance Program																				
Am I guaranteed a position for the NPL next year?	No one is guaranteed a position in the 2020 teams for the NPL. This will be a result on the effort that each player puts in, to be recognised for an 'Invitation to trial' for 2020 teams																				



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<p>My child's club coach is doing a great job, why is NIF any different?</p>	<p>NIF recognise that there are a number of coaches in our football family, both accredited and volunteers that support the game in our region. NIF will provide:</p> <ul style="list-style-type: none"> • qualified / accredited coaches • detailed session plans through s2s • assessments of players • Readiness to participate in higher levels of competition
<p>What is the commitment for a player</p>	<p>To attend each training session</p> <p><u>TRAINING</u></p> <ul style="list-style-type: none"> • Let the coach know as soon as possible if unable to attend training. Players must provide a reason for missing training. • Be at training at least 15 minutes prior to the start time. • Wear the full NIF training kit at EVERY training session, other apparel is not considered part of the NIF Training Attire. • Bring shin pads, drink bottle, and any personal medical equipment required • Behave in a responsible and professional manner at all times • Pay attention to their coach and manager, and follow instructions at all times • Treat team mates and coaching staff with respect at all times • Perform to the best of their ability • Where possible attend physio treatments outside of team training times • Ensure that all prehab and rehab programs are adhered to. <p><u>GAME DAY</u></p> <ul style="list-style-type: none"> • Confirm attendance to the fixture with your Coach • Arrive at least 1 hour prior to kick off • Be dressed in the appropriate NIF apparel when travelling to and from fixtures • Behave in accordance with the NIF requirements and FFA Player Code of Conduct • All players, including injured players, must be present unless excused by the team coach.
<p>What is the parent commitment</p>	<ul style="list-style-type: none"> • Behave in accordance with FFA Parent / Spectator Code of Conduct. • Remember that children play for enjoyment as well as competition • Applaud effort, fair play, and sportsmanship • Respect match official decisions at all times • Be positive and provide encouragement, not criticism • Recognise the position of the coach and respect his/her philosophies and methods • Not give coaching directions to players • Never engage in or tolerate offensive/insulting/abusive language or behaviour • Remain behind the touchline and within the designated spectator areas (where provided).



Questions	Answers
Coach code of conduct	<p>This National Code of Conduct applies to all Coaches and Managers at any playing level:</p> <ul style="list-style-type: none"> • Remember children participate for their enjoyment - winning is only a part of the fun • Never ridicule or yell at a child for making a mistake or losing • Be reasonable in your demands on young player's time, energy, and enthusiasm • Teach your players to follow rules • Whenever possible, group players to ensure that everyone has a reasonable amount of success • Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of your players • Avoid overplaying the talented players - the average players need and deserve equal time • Develop team respect for ability of opponents and for the judgement of officials and opposing coaches • Follow the advice of a physician when determining when an injured player is ready to recommence training or competition • Keep up to date with the latest coaching practices and the principles of growth and development of the child.
Who will be assessing the players?	Northern Inland Football Technical Director, Howard Stubbs along with a Senior Accredited coach will be completing the assessing
How much travel is there?	Yes, there is travel. Pending the age group and program requirements.
U12 Metro in Newcastle	The team that is selected for the U12 Metro Competition in Tamworth will travel to Newcastle to play, we are currently looking at transportation options for day trips. These will also be accompanied by Home and Away Games throughout the season.
Where are the Hubs	Tamworth, Armidale, Inverell and Gunnedah
What if I have to stop playing, will I get a refund	Yes, if you are in the program a partial refund will be considered based on each circumstance.
Who will be coaching?	Coaches are currently being determined and this will be finalised prior to the training commencing in November 2018.
When does the training start?	November 2018.
Training sessions?	Each training session is planned and distributed prior to the training day. This is available to each player and parent. 2 sessions per week / 90-minute duration
What happens if my child doesn't make it	Not every child will be selected, though it is important to support each child with the sport they choose. There will be opportunities during the year to participate in clinics, and there are several resources available for children who wish to improve their game.
How will it impact Community Football?	The impact to community football will be minimal as the number of players we are sourcing is less than 5% for the entire NIF region. At NIF we would like to provide an opportunity for both pathways, community and performance.



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Will my child still be able to play football with their friends?	When selected for the NIF team, the player will play with the NIF team on a weekend (Tamworth Competition only), within the community competition. Several parents have raised concern about children not playing with friends, though we also would like to state clearly that it is the players choice to be part of the program. NIF supports both pathways and recognise that this approach will change the football landscape in 2019, though following this the teams selected in 2019 for the U12 – U18 teams will be participating in National Premier League.
Can my child still participate in school knock out competitions? School sport	Yes, any child that is part of the NIF High Performance program will be able to participate in any school related activity. The only request is that parents are aware of fatigue management, if a player has a weekend of High Performance football, the week prior is managed to support the players health and wellbeing.
I think my child should get in and they don't	A question that is raised a lot is how will the children selected? A standard assessment sheet will be utilised across the region.
If my child doesn't get in, will I get any feedback?	Unfortunately, due to the number of children that trial, we are unable to guarantee feedback for each child. However, if you would like to discuss further your child's football development with NIF, we are happy to discuss this after the finalisation of teams for 2019.
What if my child cannot attend the trials?	If your child cannot attend due to illness, injury or not being in town of the trial, please ensure that you still nominate for your child for their age group, detailing why they are not able to attend. They will be invited to attend another day, during the second stage 3-week trial period.

For further information on the High-Performance program, please send an email to coaching@northerninlandfootball.com.au